

# **CARL POFF'S TNT WRESTLING CAMPS AT KUTZTOWN UNIVERSITY**

## Camper Packet 2008

We suggest you bring the following items along with you to camp:

1. **Items For Your Room** – A light blanket, pillow, sheets, and pillowcase. It is also recommended that you bring a fan and a clock for your dorm room.
2. **Personal Items** – Such as a toothbrush, comb, towels, washcloth, soap, casual clothes, light jacket, and a swim suit.
3. **Wrestling Gear** – Such as wrestling shoes, workout shorts and t-shirts, head gear, knee pads if needed, and a bag to carry your shoes to the mat area. You should have several changes of wrestling practice clothes. (There are coin-operated washers and dryers in the dorms.) Head gear is not mandatory, but is recommended.
4. **Health History Form** – (*accompanying this packet*) If you do not return the medical form within two weeks prior to the start of camp, please bring it with you to registration. It is very important that a parent or guardian sign this form. Campers are not allowed to participate until the medical form is completed and on file. The health history form should be mailed to:

**TNT Wrestling Camps, Inc.  
P.O. Box 207  
Lock Haven, PA 17745**

5. **Optional Items** – A camp store will be open at various times during camp. You may choose to bring extra money with you to purchase snacks, pizza, drinks, clothing, or wrestling gear.

### **PAYMENTS**

**DO NOT MAIL ANY BALANCE YOU MAY OWE TO OUR OFFICE ANY LATER THAN TWO WEEKS PRIOR TO THE START OF CAMP.** If you still owe a balance after that, please bring it with you to the registration. All balances must be paid in full by the first day of camp in order for the camper to participate. All checks and money orders should be made payable to: **TNT Wrestling Camps, Inc.** and mailed to **P.O. Box 207, Lock Haven, PA 17745.** Please write the camper's name on the memo portion of the check.

**BALANCE DUE:** \_\_\_\_\_ **Paid in Full** \_\_\_\_\_

## **REGISTRATION AND CHECK OUT**

SESSION I - Registration will take place in the Keystone Field House on Sunday, July 27<sup>th</sup>, from 4:30 p.m. to 6:30 p.m. Checkout will be on Thursday, July 31<sup>st</sup>, from 10:00 a.m. to 11:00 a.m. in the dormitories.

SESSION II – Registration will take place in the Keystone Field House on Thursday, July 31<sup>st</sup>, from 4:30 p.m. to 6:30 p.m. Checkout will be on Sunday, August 3<sup>rd</sup>, from 11:00 a.m. to noon in the dormitories.

\*Transportation arrangements should be made accordingly.

**\*Please note that dinner will not be served during registration. The first and last meal for each session will be breakfast.**

## **FOOD SERVICE**

Nutritious, all-you-can-eat meals will be served on campus at the South Dining Hall. Identification cards will be distributed to each camper. Campers are allowed to go through the lines as often as they wish; however, no food will be permitted to be carried out of the cafeteria.

## **HEALTH SERVICES**

Certified Trainers will be on staff to handle all minor injuries and illnesses. Anything of a more serious nature will be referred to the Lehigh Valley Hospital, located approximately 30 minutes from the campus of Kutztown University.

## **CONTACTING THE CAMPER**

If you wish to send mail to a camper, it should be mailed early in the week to:

Attn: "*Name of Camper*"  
TNT Wrestling Camps, Inc.  
P.O. Box 151  
Kutztown University  
Kutztown, PA 19530-0151

In case of an emergency, campers may be reached by calling the following numbers. Day and evening calls from 7 a.m. to 8 p.m. should be made to the following number: (610)683-4611. Evening calls from 8 p.m. to midnight should be made to the dormitories: Lehigh Hall – (610)683-4992, Johnson Hall – (610)683-4990, Bonner Hall – (610)683-4986, and Berks Hall – (610)683-4984. All other calls after midnight should be made to Public Safety at (610)683-4002. **The Public Safety office should only be called in case of an emergency.** If a parent wants to check in on his or her child periodically, we suggest that you make arrangements with your child ahead of time for him or her to call home.

